

McGill Questionnaire

Name: _____ Date: _____

WHERE IS YOUR PAIN?

There are many words that describe pain. Some of these words are grouped below.

Circle any words that describe the pain you have.

*Please mark on the drawing **below** where you feel pain.

- | | | | |
|---|--|---|---|
| 1. Flickering
Quivering
Pulsing
Throbbing
Beating
Pounding | 2. Jumping
Flashing
Shooting | 3. Pricking
Boring
Drilling
Stabbing | |
| 4. Sharp
Cutting
Lacerating | 5. Pinching
Pressing
Gnawing
Cramping
Crushing | 6. Tugging
Pulling
Wrenching | |
| 7. Hot
Burning
Scalding
Searing | 8. Tingling
Itchy
Smarting
Stinging | 9. Dull
Sore
Hurting
Aching
Heavy | |
| 10. Tender
Taut
Rasping
Splitting | 11. Tiring
Exhausting | 12. Sickening
Suffocating | |
| 13. Fearful
Frightening
Terrifying | 14. Punishing
Grueling
Cruel
Vicious
Killing | 15. Wretched
Blinding | 16. Annoying
Troublesome
Miserable
Intense
Unbearable |
| 17. Spreading
Radiating
Penetrating
Piercing | 18. Tight
Numb
Drawing
Squeezing
Tearing | 19. Cool
Cold
Freezing | 20. Nagging
Nauseating
Agonizing
Dreadful
Torturing |

